# All-Day Breakfast

BIG BREAKFAST 2 free range eggs (pc	nached, scram	<b>bled, fried)</b> ch	norizo, bacon,
oven baked tomato, h toast	nash brown, m	iushrooms an	d sourdough_
BACON & FREE RAN eggs your way (poach baked tomatoes, rock	_		oacon, oven ntoast <b>19.9</b>
VEGETARIAN BREAK oven roasted sweet p spinach topped with a	otato, pesto, r	mushrooms, d	grilled tomato, f sourdough. <b>24</b>
TRADITIONAL FLOR poached eggs, wilted muffin with house-manded bacon or smooth	l baby spinach ade hollandais	served on a te	17.9
SAGE BREKKIE BUR crispy bacon, eggs, b cheese and bbq sauc milk bun	aby spinach, c ce served on o		
FRENCH TOAST (VE artisan brioche serve yoghurt and maple sy add 1 scoop of i	d with berry co	ith icing suga	r22
OUR SIGNATURE AV smashed avocado or roasted cherry tomat add 1 egg	n toasted rye b oes, rocket an	read, with wh d house mad	e dukkha <b>22.9</b>
LOADED BAGEL smoked salmon, slice spread over a toasted			
LIFESTYLE BREAKF a slice of sourdough fruit topped with gree	toast with a po	oached egg a	nd seasonal <b>19</b> .9
BREAKFAST BRUSO smashed avocado, to 1 poached egg serve	mato salsa, s	prinkle of fetta of sourdough.	a, grilled bacon,
FIREY FEAST 2 fried eggs laid over rye toast topped with	•		
		Meals	
CHILDS BREKKIE  1 fried or poached eg			14.9
CHILDS CHICKEN N	, •		
CHILDS CHEESEBUF	RGER: with ch	ips	14.9

### Lunch

SAGE "GRANDE" BEEF BURGER (GF/A) housemade burger pattie with lettuce, tomato, cheese, crispy bacon, fried egg, caramilsed onion, aioli served on a brioche bun with a side of chips
STEAK SANDWICH (GF/A) lettuce, tomato, capsicum relish on sliced flinders bread with chips
CHICKEN CAESAR SALAD cos lettuce, crispy bacon, croutons, parmesan cheese and grilled chicken topped off with a poached egg26
B.L.T. (BACON, LETTUCE & TOMATO) with aioli on turkish bread
FISH, CHIPS & SALAD (DF) oven baked barramundi with chips and salad26.9
HOUSEMADE PUMPKIN SOUP (VEGAN) served with a warm slice of harvest grain
WARM VEGETABLE SALAD (VEG) rocket, beetroot, sweet potato, pumpkin, fetta & pinenuts tossed in lemon dressing
KAI-PONO BALL'S (VEGAN) rocket and pumpkin salad with quinoa, spiced chickpeas beetroot hummus
SOFT SHELL TACO  3 tacos filled with crispy fried prawns, smashed avocado, tomato salsa, cucumber finished off with corriander, mint and a lime aioli
CHICKEN CAESAR WRAP with a serving of a side salad
WARM GARLIC PRAWN SALAD (GF) with rocket, tomato, avocado, spanish onion and cucumber topped with a citrus lemon dressing
Side Diches

WL OF CHIPS small 5.5 large 8.9

ASONED POTATO WEDGES small 6.9 large 9.9 erved w sour cream & sweet chilli sauce

#### Extras

tasty cheese   grilled or fresh tomato hollandaise	2.5
protein powder	2.5
extra egg   banana   ice cream (1 scoop)	3.0
fetta  haloumi  mushroom  hash brown  avocado	4.0
bacon   chorizo	5.0
chicken   smoked salmon   prawns (3)	6.0

## Hot Beverages

Fair-trade Organic or Full flavoured Forte Di Stefano Coffee

PICCOLLO LATTE MACCHIATO CAPPUCCINO FLAT WHITE LONG BLACK CAFÉ LATTE CHAI LATTE HOT CHOCOLATE (GF) MATCHA LATTE GOLDEN LATTE ACAI CHAI		s: 4.4  : 5s: 4.7  : 5s: 4.7  : 5s: 4.7  : 5.
SOY MILK ADC ALMOND MILK OAT MILK BONSOY ORGANIC COCONUT MIL SWISS WATER PROCESS	LK & LACTOSE FREE	add <b>0.8</b> add <b>1.2</b> add <b>1.2</b> add <b>1.0</b>
T2 TEA SELECTION:	Pot for one 4.9	Pot for two 7.
	Menu for a wide selection fresh leaf teas.  Colored Selection	
<b>Choose fro</b> Deli Rye, Harvest Grain, I	om the Brasserie Brea Flinders Sandwich Lo Turkish Bread.	
1 slice	<b>4.0</b> 2 slice	7.5
Gluten Free - 1 sli	ce <b>6.0</b> 2	slice <b>9.5</b>
HOUSEMADE BANANA I toasted with butter on the side		<b>9.</b>
HOUSEMADE APPLE & No toasted with butter on the side		10.
HOUSEMADE PEAR & A		
toasted with maple butter		10.
HOUSEMADE PALEO BR	READ GF/DF	10.
HOUSEMADE PUMPKIN	& RAISIN BREAD	10.
RAISIN TOAST	1 slice <b>4.0</b>	2 slices <b>7.</b>

#### Chilled Drinks

SINGLE ORIGIN COLD DRIP COFFEE - served on ice	5.9
CED COFFEE, ICED MOCHA, ICED CHOCOLATE	7.5
CED LATTE - [no ice cream or cream]	5.9
RAPPE'S - chai, mocha, coffee or chocolate	7.5
PIDERS - with coke, no sugar coke, sprite, lift	7.5
Super Smoothies	
ll vegan, sugar free, paleo friendly	10.0
CAI SMOOTHIE - acai, strawberry, raspberry, hempse almond milk (GF)	eed &
RAW ENERGY - banana, medjool dates, activated almo einnamon, raw cacao & organic coconut milk <b>(GF)</b>	onds,
ROTEIN VITALITY - blueberries, banana, goji berries, bea protein & organic almond milk (GF)	
REAKFAST SMOOTHIE - banana, medjool dates, quic olueberries, desicated coconut, cinnamon and organi milk	k oats, ic almona
30t the Shakes Childs: 4.5	Large: <b>6.:</b>
Chocolate, Caramel, Vanilla, Strawberry & Ban	nana

DANAINA, MANDO, DINAMBELLI, DEILLI DINGON blend with Vanilla ice cream OR Greek Yoghurt

MANGO & COCONUT WATER & ICE	7.5
MIXED BERRIES, CRANBERRY JUICE & ICE	

#### Delicious Cakes

FEEL FREE TO HAVE A LOOK AT OUR FRONT CABINET FOR MORE HOUSE BAKED CAKES AND TREATS.